

ERIN SIMS PALMARÈS

2018

2nd French Throwdown 35+

1st European Masters Throwdown
35+

1st Belgian Throwdown 35+

1st Affiliates Battle 35+

1st 35+ OPEN France

1st Elite Fittest if Magma

1st Team mixte Alsace Throwdown

1st ElectronFit team

2nd Be-NN Battle Master 35+

2nd Team mixte Fittest of Magma

4th Thorus Flag team

Niveau nationale FFHM haltérophilie

2019

1st Master 35+ OPEN France

10th Elite OPEN France

49th Master 35+ OPEN World

Niveau nationale FFHM haltérophilie

2nd European Masters Throwdown 35+

4ème Eastern Throwdown team FF

2020

2ème Elite femme Eastern Throwdown

2ème Taronja Games Master
35+ Femme

ERIN SIMS PALMARÈS

2017

1st European Masters Olympic
Weightlifting Championships

1st 35+ OPEN France
Online qualifier finalist (top 200 world)

1st 35+ Marseille Throwdown

3rd 35+ French Throwdown

1st team mixte Alsace Throwdown

3rd team Belgian Throwdown

Final Thorus Flag Team

2015

6th Elite Belgian Throwdown

French Throwdown team finalists

BAAAM team finalists

2016

3rd Elite Affiliates Battle

3rd Belgian Throwdown team

French Throwdown team finalists